



8 WEEK STAYS

Guest Measurements from 2014

**Name changed, numbers are in inches*

RACHEL	Week 1 (Monday)	Week 8 (Friday)
Hips	55.5	54
Waist	55.5	50
Chest	52	50
Legs	30	29
Weight (lbs)	292	254
Inches Lost		11
Pounds Lost		38

SUE	Week 1 (Monday)	Week 8 (Friday)
Hips	48	44.5
Waist	44.5	36.5
Chest	43	38
Legs	28.5	26.5
Weight (lbs)	222	191
Inches Lost		20.5
Pounds Lost		31

JASMINE	Week 1 (Monday)	Week 8 (Friday)
Hips	43	40.5
Waist	42.5	38
Chest	43	38.5
Legs	23.5	22.5
Weight (lbs)	175	154
Inches Lost		13.5
Pounds Lost		21

KATE	Week 1 (Monday)	Week 8 (Friday)
Hips	50	47
Waist	42	39
Chest	45	43
Legs	30	27.5
Weight (lbs)	238	210
Inches Lost		13
Pounds Lost		29

SABRINA	Week 1 (Monday)	Week 8 (Friday)
Hips	54	50
Waist	51.5	43
Chest	47.5	43
Legs	32	29
Weight (lbs)	268	234.5
Inches Lost		28
Pounds Lost		34

RACHEL	Week 1 (Monday)	Week 8 (Friday)
Hips	55.5	49.5
Waist	50	47.5
Chest	50	49
Legs	29	26.5
Weight (lbs)	254	238
Inches Lost		14.5
Pounds Lost		16